

*“But those who hope in the LORD will renew their strength.
They will soar on wings like eagles; they will run and not
grow weary, they will walk and not be faint.”*

Isaiah 40:31

2021

HAPPY NEW YEAR



**Production of the Seniors' Ministry
Pastor Mansfield Edwards, President
Ontario Conference of the Seventh-day Adventist Church**

Ontario Conference Seniors' Calendar

"Making Every Day Count"



IMPORTANT

SENIORS' DISCOUNTS:

Always remember to ask for seniors' discount!

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GOVERNMENT AID

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 - Seniors Programs and Services:
1-888-910-1999
 - Seniors' Safety Line: **1-866-299-1011**
- Guaranteed Annual Income System (GAINS)
 - Ontario Trillium Benefit
 - Ontario Senior Homeowners' Property Tax Grant
 - Healthy Homes Renovation Tax Credit

1-866-668-8297



A person wearing a brown coat and black pants is walking on a snowy sidewalk. They are holding a bright red umbrella and a black bag. Snow is falling around them, and a city street with cars and buildings is visible in the background.


**“Look carefully
then how you walk,
not as unwise but
as wise.”**

Ephesians 5:15

JANUARY

JANUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
27	28	29	30	31	1 New Year's Day Genesis 15:1	2 Genesis 21:17
3 Genesis 26:24	4 Genesis 35:17	5 Genesis 43:23	6 Genesis 46:3	7 Genesis 50:21	8 Exodus 14:13	9 Conference-Wide Virtual Day of Prayer & Fasting Exodus 20:20
10 Leviticus 26:6	11 Numbers 6:24-26	12 Number 14:9	13 Numbers 21:34	14 Deut. 1:17	15 Genesis 50:19	16 Conference-Wide Virtual Day of Prayer & Fasting Deuter. 1:21
17 Deuter. 1:29	18 Deuter. 3:2	19 Deuter. 3:22	20 Deuter. 7:18	21 Deuter. 20:1	22 Deuter. 20:3	23 Deuter. 31:6
24 Deuter. 31:8	25 Joshua 1:9	26 Joshua 8:1	27 Joshua 10:8	28 Joshua 10:25	29 Joshua 11:6	30 Judges 4:18
31	1	2	3	4	5	6



**“I have loved you with an
everlasting love; I have drawn
you with unfailing kindness...
See, I have engraved you on
the palms
of my
hands.”**

Jeremiah 31:3
Isaiah 49:16

FEBRUARY



FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
31	1 Judges 6:23	2 I Samuel 4:20	3 I Samuel 12:20	4 I Samuel 22:23	5 I Samuel 23:17	6 I Samuel 28:13
7	8 II Samuel 9:7	9 I Kings 17:13	10 II Kings 1:15	11 II Kings 6:16	12 II Kings 19:6	13 II Kings 25:24
14	15 Family Day I Chron. 22:13	16 I Chron. 28:20	17 II Chron. 20:15	18 II Chron. 20:17	19 II Chron. 32:7	20 Nehemiah 4:14
21 Job 5:21	22 Job 11:15	23 Job 21:9	24 Psalm 3:6	25 Psalm 4:8	26 Psalm 16:7-9	27 Psalm 23:4
28 Psalm 27:1	1	2	3	4	5	6



“Do not be
afraid, little
flock, for your
Father has
been pleased
to give you the
kingdom.”

Luke 12:32

MARCH

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
28	1 Psalm 27:3	2 Psalm 29:11	3 Psalm 46:2	4 Psalm 49:16	5 Psalm 56: 3-4	6 Psalm 56:11
7 Psalm 78:53	8 Psalm 91:5	9 Psalm 94:19	10 Psalm 118:6	11 Psalm 119:165	12 Proverbs 3:24	13 Proverbs 3:25
14 Eccles. 11:10	15 Isaiah 7:4	16 Isaiah 8:12	17 Isaiah 10:24	18 Isaiah 12:2	19 Isaiah 17:2	20 Isaiah 26:3
21 Isaiah 35:4	22 Isaiah 37:6	23 Isaiah 40:9	24 Isaiah 41:10	25 Isaiah 41:13	26 Isaiah 41:14	27 Isaiah 43:1
28 Isaiah 43:5	29 Isaiah 44:2	30 Isaiah 44:8	31 Isaiah 51:7	1	2	3

A dramatic landscape featuring a large, dark, textured stone on the left side, with a bright light source behind it creating a lens flare effect. To the right, a wooden cross stands on a rocky outcrop, with a white cloth draped over it. The background shows a valley with rolling hills under a cloudy sky with hints of sunset or sunrise light.

“I am the resurrection and the life.”
John 11:25

“Where, O death, is your victory? Where, O death, is your sting?”
1 Corinthians 15:55

APRIL

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
28	29	30	31	1	2	3
				Isaiah 54:4	Good Friday Isaiah 54:14	Jeremiah 1:8
4	5	6	7	8	9	10
Easter Sunday	Jeremiah 17:8	Jeremiah 30:10	Jeremiah 40:9	Jeremiah 42:11	Jeremiah 46:27	Jeremiah 46:28
Jeremiah 10:5						
11	12	13	14	15	16	17
Jeremiah 51:46	Lament. 3:57	Ezekiel 3:9	Daniel 10:12	Daniel 10:19	Joel 2:21-22	Zephaniah 3:16
18	19	20	21	22	23	24
Haggai 2:5	Zechariah 8:13	Zechariah 8:15	Malachi 3:5	Matthew 1:20	Matth. 6:25-34	Matthew 10:19
25	26	27	28	29	30	1
Matthew 10:26	Matthew 10:28	Matthew 10:31	Matthew 14:27	Matthew 17:7	Matthew 28:5	



MAY

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
25	26	27	28	29	30	1 Matthew 28:10
2 Mark 5:36	3 Mark 6:50	4 Mark 13:11	5 Luke 1:13	6 Luke 1:30	7 Luke 2:10	8 Luke 5:10
9 Mother's Day Luke 8:50	10 Luke 12:4	11 Luke 12:7	12 Luke 12:11	13 Luke 12:32	14 John 6:20	15 John 12:15
16 John 14:27	17 John 16:33	18 Acts 18:9	19 Acts 20:10	20 Acts 27:24	21 Romans 5:1	22 Hebrews 13:6
23 Philippians 4:6	24 Victoria Day I Peter 3:6	25 I Peter 3:14	26 1 Peter 5:7	27 1 John 4:18	28 Revelation 1:17	29 Revelation 2:10
30	31	1	2	3	4	5

Happy Father's Day

**“The effective, fervent
prayer of a righteous man
avails much.” *James 5:16***



JUNE

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
JUNE IS SENIORS' MONTH		1 2 Corin. 1:7	2 2 Corin. 10:4-5	3 2 Corin. 5:17	4 2 Timothy 1:7	5 Acts 1:11
6 Acts 10:43	7 Acts 16:31	8 Colos. 3:24	9 Colos. 3:4	10 Daniel 9:9	11 Ephes. 1:18-19	12 Ephes. 1:7
13 Ephes. 2:14	14 Ephes. 2:4-7,10	15 Ephes. 3:12	16 Ephes. 3:19-19	17 Ephes. 5:8	18 Ephes. 1:4	19 Ephes. 5:25-27
20 Father's Day	21 Ezekiel 34:26	22 Ezekiel 34:31	23 Ezekiel 36:26	24 Ezekiel 36:9	25 Galatians 3:26	26 Genesis 12:3
27 Exodus 14:13	28 Exodus 15:13	29 Exodus 19:5-6	30 Exodus 33:14	1	2	3

HAPPY CANADA DAY




- Start Walking - safely.
- Wear proper walking shoes.
 - Stay well-hydrated.
 - Walk in familiar areas.
 - If needed, use walking support, cane or walking poles.
- Keep your charged phone with you.
- Pace yourself.

JULY

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
27	28	29	30	1  Exodus 34:24	2 Ezekiel 34:26	3 Ezekiel 34:31
4 Ezekiel 36:26	5 Ezekiel 36:9	6 Galatians 3:26	7 Genesis 12:3	8 Genesis 12:7	9 Genesis 17:7	10 Genesis 28:15
11 Habakkuk 3:19	12 Haggai 2:4	13 Hebrews 10:36	14 Hebrews 12:10	15 Hebrews 13:5	16 Hebrews 13:6	17 Hebrews 6:10
18 Hebrews 7:25	19 Hebrews 9:28	20 Hosea 13:14	21 Hosea 6:3	22 1 Corin. 15:51-52	23 1 Corin. 3:8-9	24 1 Corin. 4:3-5
25 1 Corin. 10:13	26 1 Corin. 6:11	27 1 John 1:9	28 1 John 2:23	29 1 John 3:2	30 1 John 3:9	31 1 John 5:11-12



**“The LORD directs the steps of the godly.
He delights in every detail of their lives.
Though they stumble, they will never fall,
for the LORD holds them by the hand.”**

Psalms 37:23-24

Stay Safe...

- **Walk safely; walk with someone or with the Seniors' Walking Club.**
- **Eat healthily**
- **Stay connected with others**
- **Practice proper hygiene**

AUGUST

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
1	2	3	4	5	6	7
	Civic Holiday					
1 John 5:14-15	1 John 5:18	1 Peter 1:3-5	1 Peter 2:2-5	1 Peter 2:9	1 Peter 3:11-12	1 Peter 3:12
8	9	10	11	12	13	14
1 Peter 5:10	1 Peter 5:4	1 Samuel 17:47	1 Samuel 2:8-9	1 Thess. 4:13-14	1 Thess. 4:3	1 Thess. 3:3
15	16	17	18	19	20	21
1 Thess. 4:16-17	2 Chronicles 7:14	2 Corin. 3:18	2 Corin. 4:14	2 Corin. 5:21	2 Corin. 6:18	2 Corin. 9:10-11
22	23	24	25	26	27	28
2 Corin. 1:10	2 Corin. 1:3-4	2 Corin. 9:8	2 Corin. 12:9	2 Peter 1:3	2 Samuel 14:14	2 Samuel 22:4
29	30	31	1	2	3	4
2 Thess. 1:6-7	2 Timothy 4:8	2 Timothy 1:12				



Prevention

- Check carbon monoxide and smoke alarms and make sure they're functioning well.
- Take precautions when walking, driving, swimming, shopping or staying at home.
- Be vigilant and stay cyber safe: Beware of scams and frauds through calls, e-mail, social media or in-person.

"The prudent sees danger and hides himself, but the simple go on and suffer for it." Proverbs 22:3

SEPTEMBER

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
29	30	31	1	2	3	4
			2 Timothy 2:13	Isaiah 1:18	Isaiah 11:4	Isaiah 12:2
5	6	7	8	9	10	11
	Labour Day					
Isaiah 25:8	Isaiah 26:19	Isaiah 26:3	Isaiah 30:15	Isaiah 30:21	Isaiah 33:22	Isaiah 33:6
12	13	14	15	16	17	18
Isaiah 35:10	Isaiah 35:4	Isaiah 38:20	Isaiah 40:11	Isaiah 40:28	Isaiah 40:29	Isaiah 40:31
19	20	21	22	23	24	25
Isaiah 41:10	Isaiah 41:10	Isaiah 41:13	Isaiah 41:17	Isaiah 42:16	Isaiah 43:1	Isaiah 43:2
26	27	28	29	30	1	2
Isaiah 43:25	Isaiah 44:22	Isaiah 45:2	Isaiah 49:15	Isaiah 49:25		

Happy Thanksgiving

“Come, let us sing for joy to the Lord... Let us come before Him with thanksgiving and extol Him... For the Lord is the great God, the great King above all gods.”

Psalm 95:1-3



OCTOBER

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
26 <i>Fall Season: Time for Fall Prevention Seminars</i>	27	28	29	30	1 Happy Seniors' Day Isaiah 50:7	2 Isaiah 51:12
3 Isaiah 51:6	4 Isaiah 54:10	5 Isaiah 54:14	6 Isaiah 54:17	7 Isaiah 54:8	8 Isaiah 55:7	9 Isaiah 57:15
10 Isaiah 57:18	11 Thanksgiving Isaiah 57:2	12 Isaiah 58:11	13 Isaiah 58:11	14 Isaiah 58:9	15 Isaiah 59:1	16 Isaiah 63:16
17 Isaiah 65:24	18 James 1:12	19 James 1:17	20 James 1:5	21 James 4:10	22 James 4:8	23 James 5:14-15
24 Jeremiah 15:19	25 Jeremiah 15:20	26 Jeremiah 17:10	27 Jeremiah 17:14	28 Jeremiah 20:13	29 Jeremiah 24:7	30 Jeremiah 29:11
31 Jeremiah 29:13	1	2	3	4	5	6



*Celebrating seniors who
have made invaluable
contribution to
our country*

Staying home? Whenever possible and safe, walk around the house, move your arms, legs, and neck.

Optimize your brain fitness by reading or doing crosswords.

NOVEMBER

NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
31	1 Jeremiah 30:11	2 Jeremiah 30:17	3 Jeremiah 31:13	4 Jeremiah 31:28	5 Jeremiah 31:3-4	6 Jeremiah 31:34
7 Jeremiah 31:9	8 Jeremiah 32:40	9 Jeremiah 33:3	10 Jeremiah 33:6	11 Remembrance Day Jeremiah 33:8	12 Job 19:25-27	13 Joel 2:29
14 Joel 3:16	15 John 1:12	16 John 10:28	17 John 11:25-26	18 John 12:26	19 John 14:12	20 John 14:13
21 John 14:16-17	22 John 14:23	23 John 14:2-3	24 John 14:26	25 John 14:27	26 John 14:3	27 John 15:10-11
28 John 15:7	29 John 16:13	30 John 16:22	1	2	3	4

Celebrating Christ's Birth

“But when the set time had fully come, God sent his Son, born of a woman, born under the law, to redeem those under the law, that we might receive adoption to sonship... Thanks be to God for his indescribable gift!”

Galatians 4:4-5 & 2 Corinthians 9:15

A silhouette of a nativity scene set against a blue night sky with stars. In the foreground, a manger is illuminated by a bright light. Two figures, Mary and Joseph, stand on either side of the manger. In the background, three camels are visible on a hill. The entire scene is framed by a dark blue silhouette of a stable structure.

DECEMBER

DECEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SABBATH
28	29	30	1	2	3	4
			John 16:24	John 16:27	John 16:33	John 3:16
5	6	7	8	9	10	11
John 3:18	John 3:36	John 5:24	John 5:25	John 6:35	John 6:37-39	John 6:40
12	13	14	15	16	17	18
John 6:47	John 7:38-39	John 8:12	John 8:34-36	Joshua 1:9	Joshua 23:14	Leviticus 21:8
19	20	21	22	23	24	25
Leviticus 26:45	Luke 11:9	Luke 12:12	Luke 12:8	Luke 21:15	Malachi 3:17	Christmas Day
26	27	28	29	30	31	1
Boxing Day					New Year's Eve	
Mark 10:29-30	Mark 11:24	Matth.10:30-31	Matthew 11:28	Matthew 11:29	Matthew 18:19	

FAMILY

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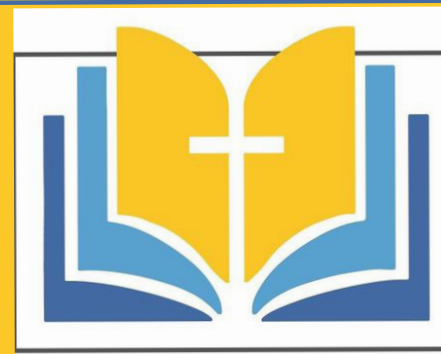
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